



Membership Terms - Ben Dunne Gyms - Dry Gyms

All of the membership rules contained herein apply equally to members, temporary members and guests alike.

- As a member you agree to comply with the rules of the club with regards to use of the facilities, opening hours and your conduct. The Club may make reasonable changes to these rules, from time to time, provided the Club gives advance notice of these changes. If you are not satisfied with these changes and wish to withdraw membership, a proportionate refund of the annual subscription will be made if requested.
- You may, at your own discretion and expense, obtain personal insurance for loss, injury or damage that you might sustain arising from use of the club.
- Members wishing to report on problems with services at the club should contact the Duty Manager (simply ask at reception).
- In the event of a breach of membership rules and regulations the Club reserves the right of admission and may reserve the right to require any member or guest to leave the premises.
- For security and validation reasons, management reserve the right to scan each member's card at the reception in the club. This will entail a member's photo being made visible or projected on the screens adjacent to the reception desk for no more than 5 seconds.
- Management reserve the right to alter, amend or change the Terms & Conditions from time to time. The version on our website being the most up to date available.

1. THE CLUB

- All reference to the “Club” refers to the Ben Dunne Group, its staff, employees, sub contractors, agents and representatives. Facilities refer to the Gymnasium, Showers and Changing Rooms and Aerobic Studios where applicable.
- Members of the Club are bound, as a condition of membership, to comply with the rules set out below. This is to ensure that the facilities are properly and safely used and that all members have full advantage of them without interfering with the enjoyment of others. Membership only applies to the club you joined. If you wish to avail of use of other clubs in Ben Dunne Group, application should be made in writing to management.

2. MEMBERSHIP

- Membership may be renewed on payment of the prevailing fee and in accordance with the terms and conditions then in force.
- By joining the club, members automatically accept and agree to be bound by these conditions of membership.
- The Club may withdraw use of all or part of the club for the purpose of undertaking maintenance work or any other work considered necessary for a maximum period of seven working days. Beyond that period, in the event of a member wishing to withdraw membership, a proportionate refund of the annual subscription can be made upon request.
- On acceptance of an application for membership, the member will be issued with a membership card, which will remain the property of the club and, upon termination of membership, will be returned to the club.
- All members must produce their membership card on each visit to the club.
- Entry will only be permitted with a membership card.
- An appropriate charge is made for the replacement of lost membership cards at reception.

3. OPENING HOURS

The Club reserves the right to vary the opening hours as considered necessary for the proper operation of the centre. In the event of a member wishing to withdraw membership if a change of opening hours does not suit, a proportionate refund of the annual subscription can be given if requested.

4. GUESTS

- Guests of members are welcome to use the facilities of the club after they have completed the relevant guest registration at reception.
- All guests must be accompanied by a member.
- Guest fees are paid at reception and are subject to change from time to time.
- Members shall at all times be responsible for the conduct of their guests whilst on the premises and shall ensure that such guests comply with the rules and conditions of membership.

5. SAFETY AND HYGIENE

Conditions and Obligations for Gymnasium and Studio Users

- Throughout the course of your membership with the Club, regular health and medical screening should be sought from your General Practitioner.
- Before using the fitness facilities, you should go through a basic introductory session with one of the fitness staff, followed by further sessions (as necessary) to ensure that you understand the equipment and adopt a safe training regime that suits your needs.
- It is necessary that all members and guests of the club wear the appropriate attire and foot wear when using the studio and gym.
- If you feel dizzy, faint, unwell or feel any unusual pain then you must stop exercising and inform a member of staff immediately.
- Members cannot train in the club without a hand towel. In the interest of hygiene members must wipe down each piece of equipment after use.

- Studio users are advised to inform the instructor of any injuries, pains or concerns prior to the class starting.
- Users are advised to carefully check the class description (available on the class schedule at reception). It is the sole and absolute responsibility of the user to ensure that they meet these requirements.
- Users are advised that the class schedule maybe subject to change and revision from time to time. In the event of a member wishing to withdraw membership due to a change in class schedule not suiting the member, a proportionate refund of the annual subscription can be made upon request within one month of the change.

Essential information for All Club Users

- Lockers are provided for the use of members and their guests.
- Lockers may not be used overnight. Members who do so are liable to find that the lockers are opened and locker contents removed. Removal of such items is strictly at the member's own risk.
- Locks may be purchased at reception.
- In the interest of safety and security please use the lockers provided. The club can have no liability for goods taken from the changing rooms or the lockers.
- Members are asked to pay particular attention to the signage that defines the wet and dry areas in the locker rooms. Please dry off before leaving the shower area.
- Personal training is only permitted with the club personal trainers.

By using the facilities of the club it is most important you do the following:

- You must fully comply with the rules of the club.
- You must ensure you are fit to undertake the activity you are participating in.
- You have taken all relevant medical and professional advice to ensure your safety, to verify your fitness and to confirm your suitability for membership.

- You will seek instruction, from a member of the club's fitness team, so as to make you competent in the activity you are undertaking, (including the use of all relevant equipment).
- You will take reasonable precautions to ensure the safety of yourself and others.
- You will immediately inform the club of any accidents or incident that occurs.
- Members wishing to report on problems with services at the club should contact the Duty Manager (Simply ask at the reception).